



Val Churchill 7th Dan
Meadowlands Zen Judo Club
Meadowlands Junior School
Woodcroft Lane
Lovedean
Waterlooville
PO8 9QD

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Dear Zen Judo Member

I am writing to inform you that I will be retiring at the end of this school term, my last session on the Meadowlands Zen Judo mat will be on Monday the 17th July 2006.

I have decided to retire from active judo, this is not a sudden decision; I have been thinking about it for at least 3 years. As some of you know 7 yrs ago I had a critical illness and overcame it and returned to the mat which in itself is a great achievement, but I have never fully returned to the fitness and strength I had before so I have decided to retire from the mat and continue as a custodian only .

I am pleased to announce that the Meadowlands Zen Judo Club will be left in the very good hands of Tracy Collins 4th Dan, (who joined my club 20 years ago in 1986), and Richard Wells 3rd Dan, who have been helping at the club for 6 years.

All the clubs should continue to run in the normal way with the Chief Instructors of the clubs overseeing the running & grading of the Zen Judo Clubs as a whole (with advice if required from the Custodians of Zen Judo)

I would like to thank you for all the support you have given over the years and hope you will continue to enjoy the many benefits of Zen Judo

Thank you

Val Churchill 7th Dan
Meadowlands Zen Judo Club